

FIND YOUR STRENGTH



IN YOUR GEAUGA PARK DISTRICT

Photo by Jim Marquardt

The first step to success is clearly identifying our strengths and weaknesses. What's best about you? The value you place on yourself gives you balance, self-discipline and mental and emotional stability.

Let's face it: not feeling worthy or strong is a weakness. And being supportive of ourselves makes us stronger every moment we spend doing it.

Use Nature to empower yourself for success.

Use Nature's materials as a reminder of your strength. Take a brisk walk, get some cool, fresh air, and be reassured that **Nature has your back.**

Frohring Meadows Snowshoe or Hike

Sunday, December 10, 1-3 PM

Frohring Meadows - Bainbridge Township

Snowshoe through the meadow and forest seeking evidence of wildlife, or hike if there's insufficient snow. Dress accordingly, wearing waterproof footwear for wet, muddy or snowy off-trail conditions. Registration required. Ages 10+.

Winter Solstice Celebration (All New!)

Thursday, December 21, 7:30 - 9:30 PM

The West Woods - Russell Township

Celebrate the longest night of the year in this all-new format as we explore the roots of our modern holiday celebrations indoors and out. Stroll the self-guided Solstice Traditions Trail, a magical, candlelit route through the forest enjoying interactive skits with costumed interpreters. Also enjoy treats, hot beverages and music in the Nature Center.

Frozen Fest

Sunday, January 28, 10 AM - 4 PM

The West Woods - Russell Township

Join Geauga Park District for an exciting afternoon of FREE winter fun! Visit bit.ly/gpdspecial for a complete schedule to include live reindeer; guest appearances by ice princesses, a popular reindeer herder and a winter snowman; snowshoeing; live ice carving and sculptures; snow-themed crafts; face painting; refreshments and much more! No doubt this event will help you enjoy and embrace winter weather and fun in Geauga County.



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