

# Restore and Renew Your Health with Holistic Therapies

Hear from Our Clients! Join us for our OPEN HOUSE!



**Testimonial** — *I met Nancy about a year ago as I started a long and difficult journey with breast cancer. I was diagnosed in January 2018 and a friend of mine, Anne, gave me her name. She said, "Call her" she's great and can help you with this journey. She offers wellness, Young Living Essential Oils and nutritional advice for people like you going through Chemo and Radiation.*

*I met Nancy briefly in April of 2018 and she has been my advocate, coach, emotional support therapist, and now someone I call a friend. She did this with essential oils, nutritional advice, relaxation "Raindrop" massages, spiritual support and what I call "magic juice" (Ningxia Red)—a juice that has essential oils and highly Antioxidant plants/fruits. In addition she had support for healing—electromagnetic techniques and far-infrared heating. All this helped tremendously. I still use many of the oils, relaxation techniques and guidance she offers. I believe that God had a hand in telling Anne about her for me. I am grateful! ~ Cindy S*



**Testimonial** — *Several years ago I went to a program given by Nancy Rattray about Young Living and their 100% pure Essential Oils. She told about her struggle with cancer and her husband's facing the incapacitation of a stroke; and how they were miraculously brought back to health using the purest Young Living Essential Oils, Ningxia Red, and supplements, all Young Living products.*

*I've tried many medical approaches for my health obstacles...why not try this? I was still resistant. Then, with Nancy's encouragement, I decided to dig deeper in the validity of the claims. I was very interested, enthusiastic, VERY skeptical so I went to more informative meetings led by Nancy. I tried Ningxia Red. That convinced me. It was everything and more!*

*To this day, Nancy has continued to provide me with the tools to good health thru her superior Young Living Products and integrative therapies. She is compassionate and sincerely cares about people and their individual health journey. ~ Beth W.*



Nancy Rattray, BCND, CNHP, CRTS

Nancy is a Doctor of Naturopathy and dedicates her life to educating clients in holistic and natural health. Her own recovery from cancer in 2006 has inspired her to help others regain their health through non-invasive and effective therapies and products. Nancy holds a Bachelor of Science in Education from Bowling Green State University, graduate of

Trinity School of Natural Health and Board Certification as a Doctor of Naturopathy from the American Naturopathic Medical Association. She offers clients cutting edge integrative therapies through the use of Young Living™ Essential Oils, Biomat™ thermo-therapy, Raindrop Technique™, Reflexology, and educational workshops on holistic health.

Wellness Traditions

Presents

## The Gift of Wellness Holistic Fair

Sunday, May 5 12–4pm Admission: \$10

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or Nancy 440-343-9921

Contact Nancy today

440.343.9921

[NancysHealingGarden.com](http://NancysHealingGarden.com)



By Appointment

Follow us! [NancysHealingGarden](http://NancysHealingGarden)

## WORKSHOP SCHEDULE

### WELLNESS TRADITIONS

1366 E. 346<sup>TH</sup> ST. Eastlake 44095  
(off Vine Street - Behind O'Reilly Auto Parts)

**\*Reservations Please\***

[nancyshealinggarden@gmail.com](mailto:nancyshealinggarden@gmail.com) 440-343-9921 call or text

April 7	1pm	Essential Oils 101
April 13	10am	Ancient Oils of Scripture
April 18	7pm	Emotional Balance
April 23	7pm	Oola Oils & Lifestyle
April 28	1pm	Essential Oils for Children
May 14	7pm	Essential Oils 101
May 19	1pm	Essential Oils for Guys
May 21	7pm	Essential Oils for Summertime

